

## Cleanliness

Cleanliness is an important part of Baha'i life. It means wearing clean clothes, washing our hands, face, feet and nails every day, and brushing our teeth and hair. Washing our hands and our face is part of our ablutions when we say our obligatory prayers every day. 'Abdu'l-Baha said that cleanliness and sanctity, purity and delicacy exalt humanity, and Baha'u'llah tells us to be the very essence of cleanliness amongst mankind.

H	B	P	Y	F	O	N	N	E	T	S	E	C	A	F
N	A	U	Q	T	I	O	S	U	O	X	D	G	B	M
G	G	I	B	A	I	S	L	B	A	Y	S	N	H	I
N	S	C	R	T	E	T	L	P	T	M	Z	S	A	V
I	C	D	U	S	S	I	C	I	Q	U	Y	N	E	H
H	N	L	S	H	G	W	R	N	G	C	F	O	S	T
S	B	E	E	A	M	U	T	Z	A	E	B	I	S	E
A	M	I	T	A	P	E	T	C	W	S	Z	A	E	E
W	N	O	E	H	N	V	I	M	T	F	P	W	N	T
I	R	G	E	A	B	L	U	E	G	N	R	R	C	I
Y	D	H	I	Q	E	A	I	G	U	V	A	X	E	R
T	A	L	U	D	P	C	H	N	Z	Q	Y	N	A	M
E	S	O	D	E	T	L	A	X	E	M	E	O	U	H
E	M	O	Q	R	G	K	X	E	E	S	R	X	J	N
F	A	S	P	O	T	L	E	S	S	R	S	C	O	K

- ABLUTION
- CLEANLINESS
- DELICACY
- ESSENCE
- EXALTED
- FACE
- FEET
- HAIR
- HANDS
- NAILS
- OBLIGATORY
- PRAYERS
- PURITY
- SANCTITY
- SPOTLESS
- TEETH
- WASHING

H	B	P	Y	F	O	N	N	E	T	S	E	C	A	F
N	A	U	Q	T	I	O	S	U	O	X	D	G	B	M
G	G	I	B	A	I	S	L	B	A	Y	S	N	H	I
N	S	C	R	T	E	T	L	P	T	M	Z	S	A	V
I	C	D	U	S	S	I	C	I	Q	U	Y	N	E	H
H	N	L	S	H	G	W	R	N	G	C	F	O	S	T
S	B	E	E	A	M	U	T	Z	A	E	B	I	S	E
A	M	I	T	A	P	E	T	C	W	S	Z	A	E	E
W	N	O	E	H	N	V	I	M	T	F	P	W	N	T
I	R	G	E	A	B	L	U	E	G	N	R	R	C	I
Y	D	H	I	Q	E	A	I	G	U	V	A	X	E	R
T	A	L	U	D	P	C	H	N	Z	Q	Y	N	A	M
E	S	O	D	E	T	L	A	X	E	M	E	O	U	H
E	M	O	Q	R	G	K	X	E	E	S	R	X	J	N
F	A	S	P	O	T	L	E	S	S	R	S	C	O	K