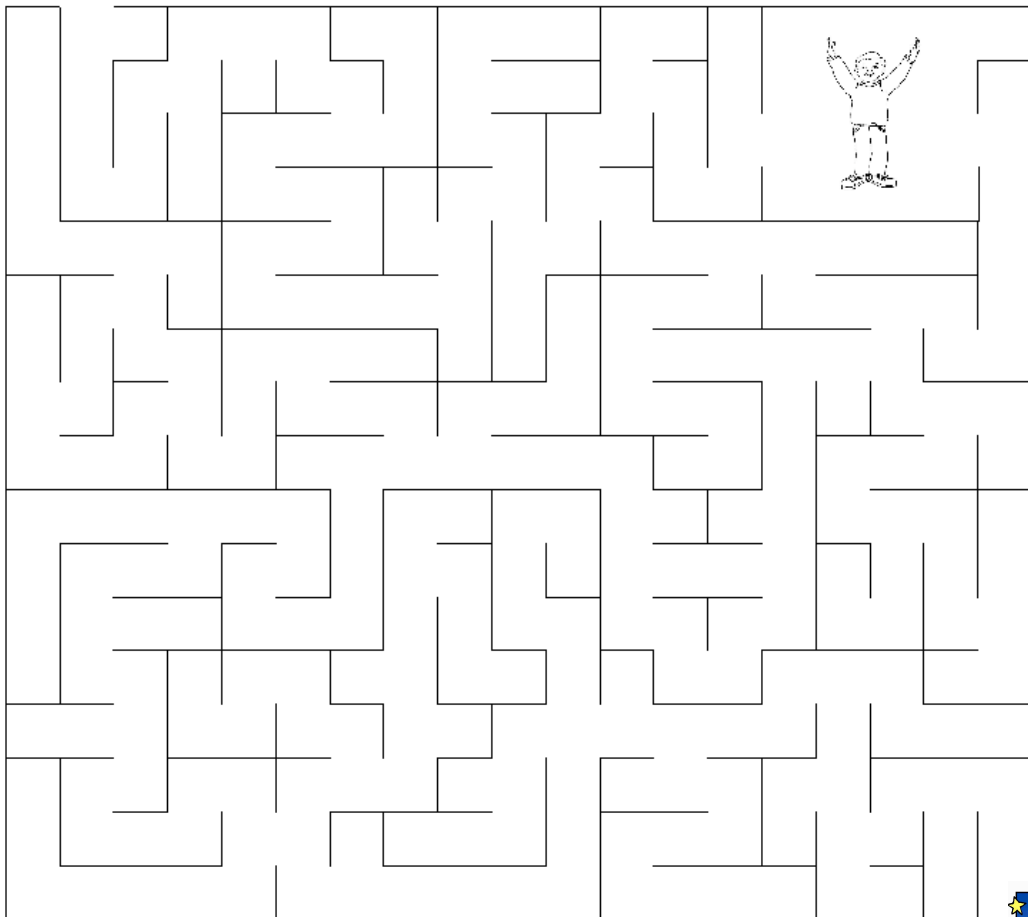


# God knows the Secrets of our Hearts

During his children's class, Opiyo learned what Bahá'u'lláh says about God knowing everything that is in our hearts. Opiyo wanted to try and remember this every day.

After thinking about it, he decided to set aside time each day during his prayers to think about what he had done that day and see if it had been pleasing to God. This is called “bringing yourself to account”.

*Help Opiyo to bring himself to account during the day.*



O Heedless Ones! Think not the secrets of hearts are hidden, nay, know ye of a certainty that in clear characters they are engraved and are openly manifest in the holy Presence.

**Bahá'u'lláh**